

# ADAM KOUYOUMJIAN, D.O.

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## Primary Business Address:

Associated Orthopedics & Sports Medicine  
5575 Warren Parkway, Suite 106  
Frisco, Texas 75034  
(214) 618-5502

## Secondary Business Address:

Associated Orthopedics & Sports Medicine  
4031 W. Plano Parkway, Suite 100  
Plano, Texas 75093  
(972) 985-1072

## PROFESSIONAL EXPERIENCE:

### **Partner**

Associated Orthopedics & Sports Medicine

**January 2004 - present**

Plano, TX

### **Associate**

Associated Orthopedics & Sports Medicine

**September 2001 – December 2003**

Plano, TX

### **Sports Medicine Fellowship**

Alexander I. Glogau, M.D.  
Associated Orthopedics & Sports Medicine

**August 2000 – July 2001**

Plano, TX

F. Alan Barber, M.D., FACS

Plano Orthopedics & Sports Medicine Center

Plano, TX

### **Orthopaedic Surgical Residency**

*Affiliated Hospitals:*

North Shore University Hospital  
Cabrini Medical Center  
Shriners Hospital for Children  
Franklin General Hospital  
Peninsula Hospital Center

**July 1996-June 2000**

Manhasset, NY  
New York, NY  
Lexington, KY  
Valley Stream, NY  
Far Rockaway, NY

### **Preliminary General Surgical Residency**

*Affiliated Hospitals:*

Coney Island Hospital  
Saint John's Episcopal Hospital  
Peninsula Hospital Center

**July 1995- June 1996**

Brooklyn, NY  
Far Rockaway, NY  
Far Rockaway, NY

### **Traditional Rotating Internship**

*Affiliated Hospitals:*

Saint John's Episcopal Hospital  
Peninsula Hospital Center

**July 1994- June 1995**

Far Rockaway, NY  
Far Rockaway, NY

## EDUCATION:

### **Chicago College Of Osteopathic Medicine**

GPA: 93.02

**August 1990- May 1994**

Chicago, IL

### **University of Rochester**

B.A. Community Health. Minor: Biology

**August 1985- May 1989**

Rochester, NY

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**HONORS:**

Clinical Instructor for Advanced Arthroscopic Surgery for Arthroscopy Association of North America

Clinical Examiner for the American Osteopathic Board of Orthopaedic Surgery

American Osteopathic Board of Orthopaedic Surgeons Test Writing Committee Member

Vice Chief of Orthopaedics at Medical Center of Plano January 2004 - 2005

Chief Orthopaedic Resident

August 1999 - July 2000

Phi Sigma Sigma Honor Society 1994

Chicago College of Osteopathic Med.

Medical Alumni Scholarship 1990

College of Osteopathic Medicine

Dean's List (1985-1989)

University of Rochester

**CERTIFICATION:**

Board Certified with the American Osteopathic Board of Orthopedic Surgery, March 2004

**ORIGINAL PAPERS:**

**Management of Anterior Cruciate Ligament Disruptions in the Skeletally Immature Patient.** An investigation into the most current diagnostic and treatments of ACL tears in children and adolescents.  
AJO, October 2001, 30:771.

**The Use of G.U. Neosporin Antibiotic Irrigant in the Irrigating Solution of Arthroscopies.** Compared the incidence of infection after arthroscopic surgery was performed using antibiotic irrigating solutions.

**CASE REPORTS:**

**Treatment of Bifocal Tibia Fracture**

Displaced tibial plateau fracture with ipsilateral shaft fracture treated with limited internal fixation and double ring hybrid external fixator.

**Floating Elbow Injury In Association With Radial Nerve Laceration**

Case report of a patient treated by ORIF and primary nerve repair of floating elbow and concomitant radial nerve laceration with review of current literature.

**RESEARCH:**

**Progression of Curves in Patients with Congenital Scoliosis**

Retrospective study examining progression of congenital scoliotic curves.

**Chronic Arthritis**

Reported on rheumatic diseases of the elderly and their treatment options with regard to drug metabolism, disease modifiers, and lifestyle.

Department of Rheumatology, CCOM.

**Affects of Altered Second Messenger Binding Affinities**

Developed assays for second messengers in an osteosarcoma cell line.  
Musculoskeletal Department of Orthopedics, University of Rochester.

**Sudden Infant Death Syndrome**

Acquired first hand experience with S.I.D.S. victims by assisting in autopsies and researching pathology reports. Medical Examiner's Office, Rochester, NY

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**MEMBERSHIPS:**

American Academy of Orthopaedic Surgeons  
Arthroscopy Association of North America (AANA)  
American College of Sports Medicine  
Texas Society of Sports Medicine  
Texas Orthopaedic Surgeons  
American Osteopathic Academy of Orthopaedics (AOAO)  
American Osteopathic Association  
Texas Osteopathic Medical Association  
Texas Medical Association  
Dallas County Medical Society

Team Physician for Episcopal School of Dallas football

**CONFERENCES:**

AANA 2005 Winter Conference; Phoenix, AZ; December 2005  
AOAO 2005 Postgraduate Seminar; Washington, DC; May 2005  
AOAO 2004 Clinical Assembly, October 2004  
ACOS 2004 Clinical Assembly, September 2004  
AANA 23<sup>rd</sup> Annual Meeting, April 2004  
AOAO 2003 Meeting, Las Vegas, NV, March 2003  
American Academy of Orthopedic Surgeons, Dallas, TX, February 2002  
American Academy of Orthopedic Surgeons, San Francisco, CA, March 2001  
Arthroscopy Association of North America, 2000  
Current Treatment of Trauma Injuries, 1999  
Principles of Total Joint Replacement, 1998  
A.O. ASIF Principles of Fracture Management, 1997  
Foot and Ankle Review Course, 1996